



MIAC Outdoor Performance List

100 Meters

Place	Athlete	Year	Team	Time	Meet	Meet Date	Wind
1	McConnell, Cameron	SR-4	Bethel (Minn.)	10.35	Gary Wilson Invitational	Apr 22, 2026	4.9
1	Liu, Landen	SR-4	Bethel (Minn.)	10.35	MIAC Outdoor Championship	Apr 30, 2026	4.0
3	Anstine, Jade	JR-3	Gustavus Adolphus	10.47	Gary Wilson Invitational	Apr 22, 2026	3.4
4	Jones, Aiden	FR-1	St. John's (Minn.)	10.60	MIAC Outdoor Championship	Apr 30, 2026	4.0
5	Pettis, Andrei	SR-4	Hamline	10.62	UW-La Crosse NCAA Outdoor Final Qualifier	May 14, 2026	5.1
6	Murnan, Kieran	JR-3	St. John's (Minn.)	10.65	MIAC Outdoor Championship	Apr 30, 2026	4.0
7	Cramer, Ryan	SO-2	Saint Mary's (Minn.)	10.68	MIAC Outdoor Championship	Apr 30, 2026	4.0
8	Evans, Bailey	SO-2	St. John's (Minn.)	10.76	Gary Wilson Invitational	Apr 22, 2026	2.4
9	Lebrija, Ethan	JR-3	Concordia-Moorhead	10.79	UW-La Crosse NCAA Outdoor Final Qualifier	May 14, 2026	4.0
10	Hatch, Gage	FR-1	Saint Mary's (Minn.)	10.80	MIAC Outdoor Championship	Apr 30, 2026	4.0
11	Feig, Stephen	FR-1	Bethel (Minn.)	10.82	Redlands Invite 2026	Mar 19, 2026	1.6
12	Albertson, Max	JR-3	St. Olaf	10.88	MIAC Outdoor Championship	Apr 30, 2026	4.0
13	Palmer, Alex	SO-2	Gustavus Adolphus	10.89	Dutch Spring Multi 2026	Apr 8, 2026	8.9
14	Escobar Pearson, Cristian	SO-2	St. Olaf	10.92	University of St. Thomas Joe Sweeney Invite	Apr 29, 2026	1.4
15	Terway, Frank	SO-2	Gustavus Adolphus	10.95	Gary Wilson Invitational	Apr 22, 2026	3.4
16	O'Bey, Carter	JR-3	St. Scholastica	10.96	Gary Wilson Invitational	Apr 22, 2026	5.8
17	Alexander, Jaden	FR-1	St. John's (Minn.)	10.98	Gary Wilson Invitational	Apr 22, 2026	4.9
17	McCall, Ty	SO-2	Bethel (Minn.)	10.98	MIAC Outdoor Championship	Apr 30, 2026	4.0
17	Poscher, Manny	SO-2	Hamline	10.98	Gary Wilson Invitational	Apr 22, 2026	3.4
20	Blackshere, Jukari	FR-1	Hamline	11.02	Gustie Twilight	Apr 15, 2026	-1.0
21	Raitz, Sam	JR-3	Bethel (Minn.)	11.03	Redlands Invite 2026	Mar 19, 2026	1.6
22	Ferrante, Anthony	SO-2	St. John's (Minn.)	11.05	University of St. Thomas Joe Sweeney Invite	Apr 29, 2026	0.8
23	Martens, Conner	SO-2	Gustavus Adolphus	11.06	St. Olaf Ole Open	May 2, 2026	2.0
24	Palmer, Alex	JR-3	Gustavus Adolphus	11.07	MIAC Outdoor Championship	Apr 30, 2026	4.0
24	Morical, Nolan	SR-4	Concordia-Moorhead	11.07	CSB/SJU Optimistic Meet	Mar 28, 2026	3.0
26	Morral, Drew	FR-1	Macalester	11.09	St. Olaf Ole Open	May 2, 2026	2.0
26	Polzien, Abe	FR-1	St. Olaf	11.09	MIAC Outdoor Championship	Apr 30, 2026	4.0
28	Nathan, Asher	JR-3	Carleton	11.12	Redlands Invite 2026	Mar 19, 2026	2.6
29	Kritsberg, Ben	SR-4	Saint Mary's (Minn.)	11.15	UW-La Crosse Phil Esten Challenge	Apr 17, 2026	1.2
29	Guth, Derek	FR-1	St. John's (Minn.)	11.15	Minnesota State Open	Apr 12, 2026	0.6

200 Meters

Place	Athlete	Year	Team	Time	Meet	Meet Date	Wind
1	Nelson, Grant	SR-4	Bethel (Minn.)	20.91	Redlands Invite 2026	Mar 19, 2026	1.2
2	McConnell, Cameron	SR-4	Bethel (Minn.)	21.08	Gary Wilson Invitational	Apr 22, 2026	3.7
3	Anstine, Jade	JR-3	Gustavus Adolphus	21.40	MIAC Outdoor Championship	Apr 30, 2026	2.2
4	Murnan, Kieran	JR-3	St. John's (Minn.)	21.52	MIAC Outdoor Championship	Apr 30, 2026	2.2

Place	Athlete	Year	Team	Time	Meet	Meet Date	Wind
5	Lebrija, Ethan	JR-3	Concordia-Moorhead	21.80	MIAC Outdoor Championship	Apr 30, 2026	0.3
5	Kent, Elliot	FR-1	Bethel (Minn.)	21.80	MIAC Outdoor Championship	Apr 30, 2026	0.3
7	Feig, Stephen	FR-1	Bethel (Minn.)	21.83	MIAC Outdoor Championship	Apr 30, 2026	0.3
8	Hatch, Gage	FR-1	Saint Mary's (Minn.)	21.85	MIAC Outdoor Championship	Apr 30, 2026	2.2
9	Guth, Derek	FR-1	St. John's (Minn.)	22.07	MIAC Outdoor Championship	Apr 30, 2026	2.2
9	Nathan, Asher	JR-3	Carleton	22.07	Gary Wilson Invitational	Apr 22, 2026	3.7
11	Martens, Conner	SO-2	Gustavus Adolphus	22.09	Gary Wilson Invitational	Apr 22, 2026	3.4
12	McCall, Ty	SO-2	Bethel (Minn.)	22.10	MIAC Outdoor Championship	Apr 30, 2026	2.2
13	Kubicek, Noah	SR-4	St. Scholastica	22.12	UW-La Crosse NCAA Outdoor Final Qualifier	May 14, 2026	2.3
13	Alexander, Jaden	FR-1	St. John's (Minn.)	22.12	MIAC Outdoor Championship	Apr 30, 2026	2.2
15	Pettis, Andrei	SR-4	Hamline	22.31	MIAC Outdoor Championship	Apr 30, 2026	-0.3
16	Bien-Aime, Woody	JR-3	St. John's (Minn.)	22.39	Gary Wilson Invitational	Apr 22, 2026	3.4
17	Larson, Anikan	FR-1	Gustavus Adolphus	22.42	MIAC Outdoor Championship	Apr 30, 2026	2.2
18	Blackshere, Jukari	FR-1	Hamline	22.43	Gustie Twilight	Apr 15, 2026	-0.2
19	Heil, Tyler	JR-3	Gustavus Adolphus	22.45	UW-La Crosse NCAA Outdoor Final Qualifier	May 14, 2026	2.3
19	Schelhaas, Brody	FR-1	Bethel (Minn.)	22.45	Meet of the Unsaintly	May 1, 2026	-0.3
21	Sportel, Will	SO-2	Bethel (Minn.)	22.47	MIAC Outdoor Championship	Apr 30, 2026	2.2
21	Tiongson, Trevor	SR-4	Concordia-Moorhead	22.47	MIAC Outdoor Championship	Apr 30, 2026	2.2
21	Escobar Pearson, Cristian	SO-2	St. Olaf	22.47	St. Olaf Ole Open	May 2, 2026	0.6
24	Ketterling, Caleb	JR-3	Bethel (Minn.)	22.55	Meet of the Unsaintly	May 1, 2026	-0.3
25	White, Andy	SO-2	St. John's (Minn.)	22.56	MIAC Outdoor Championship	Apr 30, 2026	1.5
25	O'Bey, Carter	JR-3	St. Scholastica	22.56	Meet of the Unsaintly	May 1, 2026	-0.3
27	Ali, Oche	FR-1	St. Olaf	22.60	Gary Wilson Invitational	Apr 22, 2026	2.7
28	McKeever, Aidan	FR-1	St. Olaf	22.62	University of St. Thomas Joe Sweeney Invite	Apr 29, 2026	1.3
29	Stursa, Cohen	JR-3	Gustavus Adolphus	22.66	Stomper Open	Apr 8, 2026	5.7
30	Polzien, Abe	FR-1	St. Olaf	22.69	Carleton Relays	Apr 16, 2026	NWI

400 Meters

Place	Athlete	Year	Team	Time	Meet	Meet Date
1	Nelson, Grant	SR-4	Bethel (Minn.)	45.76	NCAA Division III Outdoor Track & Field Championships	May 21, 2026
2	Kent, Elliot	FR-1	Bethel (Minn.)	47.37	MIAC Outdoor Championship	Apr 30, 2026
3	Kubicek, Noah	SR-4	St. Scholastica	48.29	MIAC Outdoor Championship	Apr 30, 2026
4	Ketterling, Caleb	JR-3	Bethel (Minn.)	48.93	MIAC Outdoor Championship	Apr 30, 2026
5	Martens, Conner	SO-2	Gustavus Adolphus	49.14	Gustie Twilight	Apr 15, 2026
6	Schelhaas, Brody	FR-1	Bethel (Minn.)	49.38	Hamline Invitational	Mar 30, 2026
7	Haack, Tony	SR-4	Bethel (Minn.)	49.55	Hamline Invitational	Mar 30, 2026
8	McKeever, Aidan	FR-1	St. Olaf	49.61	St. Olaf Ole Open	May 2, 2026
9	Poscher, Manny	SO-2	Hamline	49.63	MIAC Outdoor Championship	Apr 30, 2026
10	Schonebaum, Henry	SR-4	Macalester	49.82	MIAC Outdoor Championship	Apr 30, 2026
11	Vogel, Gavin	SO-2	St. Olaf	49.85	UW-Eau Claire Dick & Mary Johnson Invite	Apr 25, 2026
12	Sportel, Will	SO-2	Bethel (Minn.)	49.94	MIAC Outdoor Championship	Apr 30, 2026
13	McInturff, Austin	SO-2	St. Olaf	50.26	St. Olaf Ole Open	May 2, 2026
14	Scheel, Luke	FR-1	Gustavus Adolphus	50.45	MIAC Outdoor Championship	Apr 30, 2026
15	Stursa, Cohen	JR-3	Gustavus Adolphus	50.46	Gene Glader Invitational	Apr 11, 2026

Place	Athlete	Year	Team	Time	Meet	Meet Date
16	Larson, Anikan	FR-1	Gustavus Adolphus	50.55	Drake Alternative	Apr 25, 2026
17	Guth, Derek	FR-1	St. John's (Minn.)	50.60	University of St. Thomas Joe Sweeney Invite	Apr 29, 2026
18	Arneson, Cullen	JR-3	Gustavus Adolphus	50.61	MIAC Outdoor Championship	Apr 30, 2026
19	Heil, Tyler	JR-3	Gustavus Adolphus	50.65	Gustie Twilight	Apr 15, 2026
20	Montreuil, Owen	SR-4	St. John's (Minn.)	50.70	CSB/SJU Invitational	Apr 16, 2026
21	Nathan, Asher	JR-3	Carleton	50.86	UCR Spring Break Classic	Mar 21, 2026
22	Jandro, Logan	FR-1	Gustavus Adolphus	50.87	St. Olaf Ole Open	May 2, 2026
23	Eenigenburg, Jakob	SO-2	St. Olaf	50.93	MIAC Outdoor Championship	Apr 30, 2026
24	Crowder, Michael	FR-1	Concordia-Moorhead	50.97	MIAC Outdoor Championship	Apr 30, 2026
25	Ruei, Goi	SO-2	Saint Mary's (Minn.)	50.98	Meet of the Unsaintly	May 1, 2026
26	Swanson, Ty	SO-2	Gustavus Adolphus	51.00	Drake Alternative	Apr 25, 2026
27	Tiongson, Trevor	SR-4	Concordia-Moorhead	51.02	NDSU Spring Classic	Apr 11, 2026
28	Alexander, James	SO-2	Carleton	51.07	MIAC Outdoor Championship	Apr 30, 2026
29	Kaster, Soren	JR-3	Carleton	51.25	Manitou Last Chance Multi	May 13, 2026
30	White, Reed	FR-1	Carleton	51.39	Klein/ Nwaba Combined Events	Mar 26, 2026

800 Meters

Place	Athlete	Year	Team	Time	Meet	Meet Date
1	Moore, Cullen	SR-4	St. Olaf	1:51.51	University of St. Thomas Joe Sweeney Invite	Apr 29, 2026
2	Fells, Christian	JR-3	St. Olaf	1:51.62	University of St. Thomas Joe Sweeney Invite	Apr 29, 2026
3	Nemecek, Lance	SR-4	St. Olaf	1:51.80	UW-La Crosse NCAA Outdoor Final Qualifier	May 14, 2026
4	Myers, Paxon	FR-1	St. Olaf	1:52.01	MIAC Outdoor Championship	Apr 30, 2026
5	Brauer, Nicholas	JR-3	Gustavus Adolphus	1:52.57	UW-La Crosse NCAA Outdoor Final Qualifier	May 14, 2026
6	St. Peter, Nick	SR-4	St. John's (Minn.)	1:53.54	University of St. Thomas Joe Sweeney Invite	Apr 29, 2026
7	Bullock, Jackson	SO-2	St. Olaf	1:54.01	St. Olaf Ole Open	May 2, 2026
8	Ihrke, John	SO-2	Macalester	1:54.27	Gene Glader Invitational	Apr 11, 2026
9	McCoy, Max	JR-3	St. John's (Minn.)	1:54.81	University of St. Thomas Joe Sweeney Invite	Apr 29, 2026
10	McInturff, Austin	SO-2	St. Olaf	1:54.87	2026 Bryan Clay Invitational	Apr 16, 2026
11	Montreuil, Owen	SR-4	St. John's (Minn.)	1:54.95	University of St. Thomas Joe Sweeney Invite	Apr 29, 2026
12	Schultz, Michael	SO-2	Bethel (Minn.)	1:55.24	UW-La Crosse NCAA Outdoor Final Qualifier	May 14, 2026
13	Heimdal, Trigg	FR-1	St. Olaf	1:55.36	University of St. Thomas Joe Sweeney Invite	Apr 29, 2026
14	Molenkamp, Lars	JR-3	St. John's (Minn.)	1:55.78	University of St. Thomas Joe Sweeney Invite	Apr 29, 2026
15	Ruesink, Aaron	SO-2	St. Olaf	1:55.87	University of St. Thomas Joe Sweeney Invite	Apr 29, 2026
16	Stencel, Cole	JR-3	St. John's (Minn.)	1:56.27	CSB/SJU Invitational	Apr 16, 2026
17	Leling, Victor	JR-3	Bethel (Minn.)	1:56.73	Meet of the Unsaintly	May 1, 2026
18	Ruei, Goi	SO-2	Saint Mary's (Minn.)	1:56.89	UW-La Crosse Phil Esten Challenge	Apr 17, 2026
19	Martin, Zach	SR-4	St. Olaf	1:56.96	St. Olaf Ole Open	May 2, 2026
20	Moresi, Kelvin	JR-3	Macalester	1:57.03	Janis Rider / Doug Bolstorff Invitational	Apr 24, 2026
21	Jandro, Logan	FR-1	Gustavus Adolphus	1:57.04	Drake Alternative	Apr 25, 2026
22	Feldt, Connor	FR-1	St. Scholastica	1:57.29	Dan Conway Classic	Apr 25, 2026
23	Drieslein, Jameson	SO-2	St. Olaf	1:57.52	MIAC Outdoor Championship	Apr 30, 2026
24	Fitzgerald, Ignatius	SR-4	St. Olaf	1:57.70	St. Olaf Ole Open	May 2, 2026
25	Lyness, Indy	SR-4	Carleton	1:57.75	Janis Rider / Doug Bolstorff Invitational	Apr 24, 2026
26	Lebakken, Jay	SR-4	Macalester	1:57.80	Janis Rider / Doug Bolstorff Invitational	Apr 24, 2026

Place	Athlete	Year	Team	Time	Meet	Meet Date
27	Johnson, Henry	FR-1	St. Olaf	1:57.83	MIAC Outdoor Championship	Apr 30, 2026
28	Strubbe, TJ	SO-2	Bethel (Minn.)	1:58.08	Janis Rider / Doug Bolstorff Invitational	Apr 24, 2026
29	Westholm, Ben	SO-2	St. Scholastica	1:58.09	Meet of the Unsaintly	May 1, 2026
30	Hage, Hootie	SO-2	Bethel (Minn.)	1:58.17	CSB/SJU Invitational	Apr 16, 2026

1500 Meters

Place	Athlete	Year	Team	Time	Meet	Meet Date
1	Stencel, Cole	JR-3	St. John's (Minn.)	3:47.29	UW-La Crosse NCAA Outdoor Final Qualifier	May 14, 2026
2	Seppanen, Garrett	SO-2	St. Olaf	3:51.20	UW-La Crosse NCAA Outdoor Final Qualifier	May 14, 2026
3	Brauer, Nicholas	JR-3	Gustavus Adolphus	3:53.31	Meet of the Unsaintly	May 1, 2026
4	Hage, Hootie	SO-2	Bethel (Minn.)	3:53.44	MIAC Outdoor Championship	Apr 30, 2026
5	Nichols, Gabe	SR-4	Carleton	3:54.39	MIAC Outdoor Championship	Apr 30, 2026
6	St. Peter, Nick	SR-4	St. John's (Minn.)	3:54.48	MIAC Outdoor Championship	Apr 30, 2026
7	Hoisington, Quinn	JR-3	Macalester	3:55.97	MIAC Outdoor Championship	Apr 30, 2026
8	Turlington, Kevin	SR-4	St. Olaf	3:56.59	Gary Wilson Invitational	Apr 22, 2026
9	Bullock, Jackson	SO-2	St. Olaf	3:56.84	MIAC Outdoor Championship	Apr 30, 2026
10	Bjork, Alex	JR-3	St. Olaf	3:57.33	MIAC Outdoor Championship	Apr 30, 2026
11	Molenkamp, Lars	JR-3	St. John's (Minn.)	3:58.26	St. Olaf Ole Open	May 2, 2026
12	Ihrke, John	SO-2	Macalester	3:58.82	Carleton Relays	Apr 16, 2026
13	Fitzgerald, Ignatius	SR-4	St. Olaf	3:59.04	University of St. Thomas Joe Sweeney Invite	Apr 29, 2026
14	Martel, Ethan	JR-3	St. Olaf	3:59.59	St. Olaf Ole Open	May 2, 2026
15	Coyier, Dashiell	FR-1	Carleton	3:59.63	University of St. Thomas Joe Sweeney Invite	Apr 29, 2026
16	Wiltse, Daniel	JR-3	Macalester	3:59.99	Janis Rider / Doug Bolstorff Invitational	Apr 24, 2026
17	Edwards, Tyler	SR-4	Macalester	4:00.03	Hamline Invitational	Mar 30, 2026
18	Larsen-Schmidt, Micah	SO-2	St. Olaf	4:00.67	UW-Eau Claire Dick & Mary Johnson Invite	Apr 25, 2026
19	McCoy, Max	JR-3	St. John's (Minn.)	4:02.31	St. Olaf Ole Open	May 2, 2026
20	Westholm, Ben	SO-2	St. Scholastica	4:02.98	Dan Conway Classic	Apr 25, 2026
21	Chamberlin, Owen	SR-4	St. Olaf	4:03.31	MIAC Outdoor Championship	Apr 30, 2026
22	Doran, Eli	SR-4	St. Olaf	4:03.70	Carleton Relays	Apr 16, 2026
23	Manzur Strandlund, Gael	SR-4	St. Olaf	4:04.11	Gary Wilson Invitational	Apr 22, 2026
24	Lange, Emerson	SR-4	Carleton	4:04.72	University of St. Thomas Joe Sweeney Invite	Apr 29, 2026
25	Strubbe, TJ	SO-2	Bethel (Minn.)	4:04.77	Meet of the Unsaintly	May 1, 2026
26	Feldt, Connor	FR-1	St. Scholastica	4:05.56	Hamline Invitational	Mar 30, 2026
27	Schultz, Michael	SO-2	Bethel (Minn.)	4:06.17	Janis Rider / Doug Bolstorff Invitational	Apr 24, 2026
28	Fiataruolo, Angelo	SR-4	St. Olaf	4:06.39	St. Olaf Ole Open	May 2, 2026
29	Chambers-Trubatch, Simon	JR-3	Carleton	4:06.67	University of St. Thomas Joe Sweeney Invite	Apr 29, 2026
30	Galloway, Jordan	SR-4	Macalester	4:07.36	University of St. Thomas Joe Sweeney Invite	Apr 29, 2026

5000 Meters

Place	Athlete	Year	Team	Time	Meet	Meet Date
1	Turlington, Kevin	SR-4	St. Olaf	14:01.93	UW-Platteville Invitational	Apr 10, 2026
2	Stencel, Cole	JR-3	St. John's (Minn.)	14:26.74	UW-Platteville Invitational	Apr 10, 2026
3	Seppanen, Garrett	SO-2	St. Olaf	14:35.31	University of St. Thomas Joe Sweeney Invite	Apr 29, 2026
4	Edwards, Tyler	SR-4	Macalester	14:42.42	UW-Platteville Invitational	Apr 10, 2026

Place	Athlete	Year	Team	Time	Meet	Meet Date
5	Manzur Strandlund, Gael	SR-4	St. Olaf	14:42.76	UW-Platteville Invitational	Apr 10, 2026
6	Deaver, Jack	SR-4	St. Olaf	14:44.17	UW-Platteville Invitational	Apr 10, 2026
7	Max, Parker	SR-4	St. Olaf	14:49.11	UW-Platteville Invitational	Apr 10, 2026
8	DuVivier, Noah	FR-1	St. Olaf	14:52.66	University of St. Thomas Joe Sweeney Invite	Apr 29, 2026
9	Nichols, Gabe	SR-4	Carleton	14:55.15	MIAC Outdoor Championship	Apr 30, 2026
10	Doran, Eli	SR-4	St. Olaf	14:58.40	University of St. Thomas Joe Sweeney Invite	Apr 29, 2026
11	Hoisington, Quinn	JR-3	Macalester	14:59.80	UW-Platteville Invitational	Apr 10, 2026
12	Janzen, Will	SR-4	Gustavus Adolphus	15:01.17	Janis Rider / Doug Bolstorff Invitational	Apr 24, 2026
13	Hage, Hootie	SO-2	Bethel (Minn.)	15:02.65	Janis Rider / Doug Bolstorff Invitational	Apr 24, 2026
14	Bjork, Alex	JR-3	St. Olaf	15:08.96	University of St. Thomas Joe Sweeney Invite	Apr 29, 2026
15	McCabe, Quinn	SR-4	St. Olaf	15:11.94	UW-Platteville Invitational	Apr 10, 2026
16	Pattie, Jonathan	SR-4	St. Olaf	15:13.18	UW-Platteville Invitational	Apr 10, 2026
17	Llewellyn, Roy	SR-4	Carleton	15:13.50	University of St. Thomas Joe Sweeney Invite	Apr 29, 2026
18	Kaluza, Vincent	JR-3	St. John's (Minn.)	15:16.88	University of St. Thomas Joe Sweeney Invite	Apr 29, 2026
19	Molenkamp, Lars	JR-3	St. John's (Minn.)	15:18.12	UW-Platteville Invitational	Apr 10, 2026
20	Malecha, Jacob	JR-3	St. John's (Minn.)	15:18.23	UW-Platteville Invitational	Apr 10, 2026
21	Brown, Travis	SO-2	Carleton	15:21.22	MIAC Outdoor Championship	Apr 30, 2026
22	Coyier, Dashiell	FR-1	Carleton	15:21.55	Janis Rider / Doug Bolstorff Invitational	Apr 24, 2026
23	Wiltse, Daniel	JR-3	Macalester	15:22.64	UW-Platteville Invitational	Apr 10, 2026
24	Galloway, Jordan	SR-4	Macalester	15:22.69	UW-Platteville Invitational	Apr 10, 2026
25	Hitchcock, Connor	FR-1	St. Olaf	15:23.37	University of St. Thomas Joe Sweeney Invite	Apr 29, 2026
26	Guasco, Ian	FR-1	St. Olaf	15:24.11	University of St. Thomas Joe Sweeney Invite	Apr 29, 2026
27	Goddard, Evan	FR-1	St. Olaf	15:26.37	University of St. Thomas Joe Sweeney Invite	Apr 29, 2026
28	Gundersen, Cooper	SO-2	St. Olaf	15:26.82	University of St. Thomas Joe Sweeney Invite	Apr 29, 2026
29	St. Peter, Nick	SR-4	St. John's (Minn.)	15:26.95	MIAC Outdoor Championship	Apr 30, 2026
30	Fitzgerald, Isaiah	JR-3	Saint Mary's (Minn.)	15:30.39	WashU Distance Carnival '26	Mar 26, 2026

10,000 Meters

Place	Athlete	Year	Team	Time	Meet	Meet Date
1	Turlington, Kevin	SR-4	St. Olaf	29:14.15	NCAA Division III Outdoor Track & Field Championships	May 21, 2026
2	Manzur Strandlund, Gael	SR-4	St. Olaf	31:00.45	MIAC Outdoor Championship	Apr 30, 2026
3	Edwards, Tyler	SR-4	Macalester	31:34.51	MIAC Outdoor Championship	Apr 30, 2026
4	Pattie, Jonathan	SR-4	St. Olaf	31:42.81	WashU Distance Carnival '26	Mar 26, 2026
5	Goss, Tyler	JR-3	Concordia-Moorhead	31:50.03	MIAC Outdoor Championship	Apr 30, 2026
6	Llewellyn, Roy	SR-4	Carleton	31:51.19	MIAC Outdoor Championship	Apr 30, 2026
7	Brown, Travis	SO-2	Carleton	31:51.58	MIAC Outdoor Championship	Apr 30, 2026
8	Gundersen, Cooper	SO-2	St. Olaf	32:17.43	MIAC Outdoor Championship	Apr 30, 2026
9	Goddard, Evan	FR-1	St. Olaf	32:31.65	MIAC Outdoor Championship	Apr 30, 2026
10	Hitchcock, Connor	FR-1	St. Olaf	32:51.51	MIAC Outdoor Championship	Apr 30, 2026
11	Fitzgerald, Isaiah	JR-3	Saint Mary's (Minn.)	32:55.81	MIAC Outdoor Championship	Apr 30, 2026
12	Chambers-Trubatch, Simon	JR-3	Carleton	33:00.68	Carleton Relays	Apr 16, 2026
13	McCabe, Quinn	SR-4	St. Olaf	33:09.64	UW-La Crosse Phil Esten Challenge	Apr 17, 2026
14	Jamison, Andrew	SR-4	Carleton	33:20.34	Carleton Relays	Apr 16, 2026
15	Sackreiter, Soren	SR-4	Gustavus Adolphus	33:21.73	Norse Invite	Apr 3, 2026

Place	Athlete	Year	Team	Time	Meet	Meet Date
16	LiaBraaten, Lucas	SR-4	Hamline	33:25.42	MIAC Outdoor Championship	Apr 30, 2026
17	Ferber, Carter	SR-4	Concordia-Moorhead	33:31.49	CSB/SJU Optimistic Meet	Mar 28, 2026
18	Fiataruolo, Angelo	SR-4	St. Olaf	33:39.30	MIAC Outdoor Championship	Apr 30, 2026
19	Pouliot, Evan	JR-3	Gustavus Adolphus	33:42.47	Norse Invite	Apr 3, 2026
20	Marsh, Owen	FR-1	St. Olaf	33:47.67	MIAC Outdoor Championship	Apr 30, 2026
21	Dallas, Evan	SR-4	Bethel (Minn.)	33:52.06	CSB/SJU Invitational	Apr 16, 2026
22	Bumgardner, Evan	FR-1	St. Scholastica	33:54.01	UW-La Crosse Phil Esten Challenge	Apr 17, 2026
23	Steines, John	FR-1	St. John's (Minn.)	34:24.62	CSB/SJU Invitational	Apr 16, 2026
24	Stoufis, Nikolas	FR-1	St. Scholastica	34:36.66	UW-La Crosse Phil Esten Challenge	Apr 17, 2026
25	Montgomery, Jack	JR-3	St. John's (Minn.)	34:45.75	CSB/SJU Optimistic Meet	Mar 28, 2026
26	Smith, Liam	FR-1	Saint Mary's (Minn.)	34:59.53	Norse Invite	Apr 3, 2026
27	Klisch, Owen	FR-1	Concordia-Moorhead	36:43.69	CSB/SJU Invitational	Apr 16, 2026
28	Johnson, Calvin	FR-1	Concordia-Moorhead	37:53.81	CSB/SJU Invitational	Apr 16, 2026

110 Hurdles

Place	Athlete	Year	Team	Time	Meet	Meet Date	Wind
1	Swanson, Logan	FR-1	Bethel (Minn.)	14.34	UW-La Crosse NCAA Outdoor Final Qualifier	May 14, 2026	1.3
2	Ferrin, Pryce	JR-3	Bethel (Minn.)	14.52	Gary Wilson Invitational	Apr 22, 2026	2.9
3	Amoud, Bashir	JR-3	St. John's (Minn.)	14.75	MIAC Outdoor Championship	Apr 30, 2026	1.3
4	McCormick, Connor	SR-4	Gustavus Adolphus	15.01	MIAC Outdoor Championship	Apr 30, 2026	2.4
5	Viesselman, Blake	JR-3	Bethel (Minn.)	15.03	Gary Wilson Invitational	Apr 22, 2026	2.8
6	Suah, Morris	JR-3	Hamline	15.13	Gary Wilson Invitational	Apr 22, 2026	2.8
7	Headlee, Trae	FR-1	St. John's (Minn.)	15.31	MIAC Outdoor Championship	Apr 30, 2026	2.4
8	Hauf, Hayden	FR-1	Concordia-Moorhead	15.41	MIAC Outdoor Championship	Apr 30, 2026	2.4
9	Kaster, Soren	JR-3	Carleton	15.61	MIAC Outdoor Championship	Apr 30, 2026	NWI
10	Stefanowicz, Sebastian	SR-4	Macalester	15.63	Hamline Invitational	Mar 30, 2026	0.3
11	Crowder, Michael	FR-1	Concordia-Moorhead	15.72	MIAC Outdoor Championship	Apr 30, 2026	2.4
12	Clark, Logan	SR-4	Concordia-Moorhead	15.75	MIAC Outdoor Championship	Apr 30, 2026	-1.3
13	Richards, Eric	SO-2	Gustavus Adolphus	16.10	MIAC Outdoor Championship	Apr 30, 2026	2.4
13	Molstre, Joey	JR-3	Concordia-Moorhead	16.10	NDSU Spring Classic	Apr 11, 2026	0.1
15	Elseth, Aaron	SR-4	Bethel (Minn.)	16.13	Hamline Invitational	Mar 30, 2026	0.3
16	Mahamud, Hamza	SR-4	Macalester	16.14	Carleton Relays	Apr 16, 2026	NWI
17	Stundahl, Trevor	FR-1	Bethel (Minn.)	16.21	Redlands Invite 2026	Mar 19, 2026	1.1
18	Anderson, Amos	FR-1	Gustavus Adolphus	16.33	Drake Alternative	Apr 25, 2026	1.9
19	Leafblad, Eli	JR-3	Bethel (Minn.)	16.38	Janis Rider / Doug Bolstorff Invitational	Apr 24, 2026	0.1
20	Gilbertson, Landon	SO-2	Gustavus Adolphus	16.41	Gustie Twilight	Apr 15, 2026	-1.4
21	Evans, Bailey	SO-2	St. John's (Minn.)	16.42	MIAC Outdoor Championship	Apr 30, 2026	NWI
22	Lapinski, Will	JR-3	St. Olaf	16.57	St. Olaf Ole Open	May 2, 2026	NWI
23	Haglin, Alan	SO-2	Hamline	16.59	MIAC Outdoor Championship	Apr 30, 2026	2.4
24	Brandt, Isak	JR-3	St. John's (Minn.)	16.64	Gary Wilson Invitational	Apr 22, 2026	3.1
25	Anderson, Reese	SR-4	Carleton	16.69	Carleton Relays	Apr 16, 2026	NWI
26	Hoelzel, Gavin	JR-3	St. Olaf	16.77	St. Olaf Ole Open	May 2, 2026	NWI
27	Horton, Jamir	SO-2	Augsburg	16.87	Gene Glader Invitational	Apr 11, 2026	0.7
28	Hubers, Timothy	FR-1	Bethel (Minn.)	16.88	MIAC Outdoor Championship	Apr 30, 2026	NWI

Place	Athlete	Year	Team	Time	Meet	Meet Date	Wind
29	Olson, Jesse	JR-3	St. Olaf	17.20	MIAC Outdoor Championship	Apr 30, 2026	2.4
30	Aki, Jacob	FR-1	Hamline	17.21	MIAC Outdoor Championship	Apr 30, 2026	2.4

400 Hurdles

Place	Athlete	Year	Team	Time	Meet	Meet Date
1	Smith, Cooper	JR-3	St. John's (Minn.)	52.75	MIAC Outdoor Championship	Apr 30, 2026
2	Viesselman, Blake	JR-3	Bethel (Minn.)	54.51	MIAC Outdoor Championship	Apr 30, 2026
3	Escobar Pearson, Cristian	SO-2	St. Olaf	54.53	MIAC Outdoor Championship	Apr 30, 2026
4	McKeever, Aidan	FR-1	St. Olaf	55.27	MIAC Outdoor Championship	Apr 30, 2026
5	Stundahl, Trevor	FR-1	Bethel (Minn.)	55.36	MIAC Outdoor Championship	Apr 30, 2026
6	Richardson, Ryan	SO-2	Concordia-Moorhead	55.46	MIAC Outdoor Championship	Apr 30, 2026
7	Suah, Morris	JR-3	Hamline	55.64	Janis Rider / Doug Bolstorff Invitational	Apr 24, 2026
8	McCormick, Connor	SR-4	Gustavus Adolphus	55.92	MIAC Outdoor Championship	Apr 30, 2026
9	Swanson, Logan	FR-1	Bethel (Minn.)	56.20	Hamline Invitational	Mar 30, 2026
10	Richards, Eric	SO-2	Gustavus Adolphus	56.28	MIAC Outdoor Championship	Apr 30, 2026
11	Gilbertson, Landon	SO-2	Gustavus Adolphus	57.46	Gary Wilson Invitational	Apr 22, 2026
12	Kaster, Soren	JR-3	Carleton	57.63	MIAC Outdoor Championship	Apr 30, 2026
13	Swanson, Ty	SO-2	Gustavus Adolphus	57.77	St. Olaf Ole Open	May 2, 2026
14	Lapinski, Will	JR-3	St. Olaf	58.51	St. Olaf Ole Open	May 2, 2026
15	Cass, Thomas	SO-2	St. John's (Minn.)	58.85	Gary Wilson Invitational	Apr 22, 2026
16	Gregorin, Edward	FR-1	Hamline	58.99	Meet of the Unsaintly	May 1, 2026
17	Anderson, Tyler	FR-1	Augsburg	59.07	University of St. Thomas Joe Sweeney Invite	Apr 29, 2026
18	Horton, Jamir	SO-2	Augsburg	59.12	MIAC Outdoor Championship	Apr 30, 2026
19	Checco de Souza, Anthony	FR-1	Bethel (Minn.)	59.33	CSB/SJU Invitational	Apr 16, 2026
20	White, Reed	FR-1	Carleton	59.72	UCR Spring Break Classic	Mar 21, 2026
21	Blaeser, Aiden	SR-4	St. John's (Minn.)	59.78	University of St. Thomas Joe Sweeney Invite	Apr 29, 2026
22	Jamieson, R.E	FR-1	St. Olaf	1:00.24	MIAC Outdoor Championship	Apr 30, 2026
23	Aki, Jacob	FR-1	Hamline	1:01.01	Meet of the Unsaintly	May 1, 2026
24	Heldman, Lucas	SO-2	Carleton	1:01.47	Janis Rider / Doug Bolstorff Invitational	Apr 24, 2026
25	Miller, Keaton	FR-1	Saint Mary's (Minn.)	1:02.01	MIAC Outdoor Championship	Apr 30, 2026
26	Moses, Maddox	SO-2	Hamline	1:02.43	Janis Rider / Doug Bolstorff Invitational	Apr 24, 2026
27	Alexander, James	SO-2	Carleton	1:02.82	Carleton Relays	Apr 16, 2026
28	Mahamud, Hamza	SR-4	Macalester	1:03.84	Janis Rider / Doug Bolstorff Invitational	Apr 24, 2026
29	Araoz, Daniel	FR-1	Saint Mary's (Minn.)	1:04.13	Central College Dutch Invitational 2026	Mar 28, 2026
30	Headlee, Trae	FR-1	St. John's (Minn.)	1:04.70	CSB/SJU Invitational	Apr 16, 2026

3000 Steeplechase

Place	Athlete	Year	Team	Time	Meet	Meet Date
1	Goss, Tyler	JR-3	Concordia-Moorhead	9:02.17	UW-La Crosse NCAA Outdoor Final Qualifier	May 14, 2026
2	Deaver, Jack	SR-4	St. Olaf	9:25.07	UW-La Crosse NCAA Outdoor Final Qualifier	May 14, 2026
3	Malecha, Jacob	JR-3	St. John's (Minn.)	9:34.78	MIAC Outdoor Championship	Apr 30, 2026
4	Torstenson, Torte	JR-3	Carleton	9:37.39	Janis Rider / Doug Bolstorff Invitational	Apr 24, 2026
5	Kaye, Lex	JR-3	St. Olaf	9:39.16	MIAC Outdoor Championship	Apr 30, 2026
6	Martel, Ethan	JR-3	St. Olaf	9:39.23	MIAC Outdoor Championship	Apr 30, 2026

Place	Athlete	Year	Team	Time	Meet	Meet Date
7	Fitzgerald, Ignatius	SR-4	St. Olaf	9:43.10	UW-Eau Claire Dick & Mary Johnson Invite	Apr 25, 2026
8	Larsen-Schmidt, Micah	SO-2	St. Olaf	9:52.25	MIAC Outdoor Championship	Apr 30, 2026
9	Janzen, Will	SR-4	Gustavus Adolphus	9:52.80	Gene Glader Invitational	Apr 11, 2026
10	Schafer, Gus	FR-1	Carleton	9:53.30	Janis Rider / Doug Bolstorff Invitational	Apr 24, 2026
11	DuVivier, Noah	FR-1	St. Olaf	9:54.63	Gary Wilson Invitational	Apr 22, 2026
12	Guasco, Ian	FR-1	St. Olaf	9:59.88	St. Olaf Ole Open	May 2, 2026
13	Hatlevig, Caleb	SO-2	Macalester	10:03.83	Carleton Relays	Apr 16, 2026
14	Cilek, Camden	JR-3	Gustavus Adolphus	10:04.08	Drake Alternative	Apr 25, 2026
15	McCoy, Max	JR-3	St. John's (Minn.)	10:10.22	Gary Wilson Invitational	Apr 22, 2026
16	Drieslen, Jameson	SO-2	St. Olaf	10:13.78	St. Olaf Ole Open	May 2, 2026
17	Berge, Matthew	SO-2	Gustavus Adolphus	10:14.97	Todd Pfungsten Open	Apr 29, 2026
18	Riga, Caden	FR-1	Gustavus Adolphus	10:17.41	MIAC Outdoor Championship	Apr 30, 2026
19	Montgomery, Jack	JR-3	St. John's (Minn.)	10:27.98	MIAC Outdoor Championship	Apr 30, 2026
20	Dow, Connor	SO-2	St. John's (Minn.)	10:44.86	Gary Wilson Invitational	Apr 22, 2026
21	Trzynka, Matthew	SO-2	Gustavus Adolphus	10:50.02	Todd Pfungsten Open	Apr 29, 2026
22	Anderson, Ray	FR-1	Gustavus Adolphus	10:52.55	Gene Glader Invitational	Apr 11, 2026
22	Steines, John	FR-1	St. John's (Minn.)	10:52.55	St. Olaf Ole Open	May 2, 2026
24	Mahar, Weston	FR-1	Concordia-Moorhead	11:14.36	CSB/SJU Invitational	Apr 16, 2026

4 x 100 Relay

Place	Team	Time	Athletes	Meet	Meet Date
1	Bethel (Minn.)	40.10	Liu, Nelson, Feig, McConnell	NCAA Division III Outdoor Track & Field Championships	May 21, 2026
2	St. John's (Minn.)	41.21	Jones, Ferrante, Guth, Murnan	CSB/SJU Invitational	Apr 16, 2026
3	Gustavus Adolphus	41.81	Heil, Terway, Martens, Anstine	Gene Glader Invitational	Apr 11, 2026
4	Concordia-Moorhead	42.43	Morical, Lebrija, Crowder, Hasbargen	NDSU Spring Classic	Apr 11, 2026
5	St. Olaf	42.64	Ali, Escobar Pearson, Polzien, Albertson	MIAC Outdoor Championship	Apr 30, 2026
6	Saint Mary's (Minn.)	42.68	Kritsberg, Hatch, Jung, Schupp	MIAC Outdoor Championship	Apr 30, 2026
7	Hamline	42.74	Poscher, Zulu, Pettis, Blackshere	Gustie Twilight	Apr 15, 2026
8	Augsburg	43.45	Byron, Mulvehill, Horton, Bolivar	MIAC Outdoor Championship	Apr 30, 2026
9	Carleton	43.51	Robertson, Alexander, Reade, Nathan	MIAC Outdoor Championship	Apr 30, 2026
10	Macalester	44.03	Mahamud, Powell, Morral, Zhao	Hamline Invitational	Mar 30, 2026

4 x 200 Relay

Place	Team	Time	Athletes	Meet	Meet Date
1	Gustavus Adolphus	1:27.78	Heil, Arneson, Martens, Anstine	116th Drake Relays	Apr 22, 2026
2	Concordia-Moorhead	1:27.91	Morical, Lebrija, Hasbargen, Tionson	116th Drake Relays	Apr 22, 2026

4 x 400 Relay

Place	Team	Time	Athletes	Meet	Meet Date
1	Bethel (Minn.)	3:10.26	Kent, Ketterling, Haack, Nelson	NCAA Division III Outdoor Track & Field Championships	May 21, 2026
2	Gustavus Adolphus	3:18.76	Stursa, Martens, Scheel, Brauer	MIAC Outdoor Championship	Apr 30, 2026
3	St. Olaf	3:19.17	McKeever, Nemecek, Myers, McInturff	MIAC Outdoor Championship	Apr 30, 2026
4	St. John's (Minn.)	3:19.65	Mohr, Witschen, Guth, Smith	CSB/SJU Optimistic Meet	Mar 28, 2026

Place	Team	Time	Athletes	Meet	Meet Date
5	St. Scholastica	3:20.88	Eskeli, Kayfes, Bartsch, Kubicek	MIAC Outdoor Championship	Apr 30, 2026
6	Concordia-Moorhead	3:21.15	Richardson, Tiongson, Andrews, Crowder	MIAC Outdoor Championship	Apr 30, 2026
7	Carleton	3:23.55	Robertson, Alexander, White, Nathan	MIAC Outdoor Championship	Apr 30, 2026
8	Macalester	3:28.46	Morral, Lamb, Malecha, Schonebaum	MIAC Outdoor Championship	Apr 30, 2026
9	Hamline	3:28.53	Poscher, Williams, Haglin, Gregorin	MIAC Outdoor Championship	Apr 30, 2026
10	Augsburg	3:28.71	Horton, Mulvehill, Anderson, Byron	MIAC Outdoor Championship	Apr 30, 2026
11	Saint Mary's (Minn.)	3:34.09	Hatch, Ruei, Miller, Araoz	MIAC Outdoor Championship	Apr 30, 2026

4 x 800 Relay

Place	Team	Time	Athletes	Meet	Meet Date
1	St. Olaf	7:40.85	Bullock, Ruesink, Martin, McInturff	MIAC Outdoor Championship	Apr 30, 2026
2	Bethel (Minn.)	7:41.88	Schultz, Hage, Strubbe, Lelinga	MIAC Outdoor Championship	Apr 30, 2026
3	St. John's (Minn.)	7:51.42	Montreuil, Molenkamp, McCoy, St. Peter	MIAC Outdoor Championship	Apr 30, 2026
4	Carleton	7:55.53	Silberman, Lyness, Hopkins, Nichols	MIAC Outdoor Championship	Apr 30, 2026
5	Macalester	7:57.36	Schonebaum, Connole, Wiltse, Lebakken	MIAC Outdoor Championship	Apr 30, 2026
6	Gustavus Adolphus	8:03.42	Jandro, Talle, Cilek, Brauer	MIAC Outdoor Championship	Apr 30, 2026
7	St. Scholastica	8:12.17	Kayfes, Westholm, Niemi, Feldt	MIAC Outdoor Championship	Apr 30, 2026
8	Concordia-Moorhead	8:19.62	Andrews, Hagemeister, Gisselbeck, Mahar	MIAC Outdoor Championship	Apr 30, 2026
9	Hamline	8:39.99	Dunkins, Rentz, Li, Tuggle	MIAC Outdoor Championship	Apr 30, 2026
10	Augsburg	8:58.30	Yang, Nelson, Anderson, Rouillard-Horne	MIAC Outdoor Championship	Apr 30, 2026

Sprint Medley Relay

Place	Team	Time	Athletes	Meet	Meet Date
1	Gustavus Adolphus	3:25.11	Heil, Anstine, Martens, Brauer	116th Drake Relays	Apr 22, 2026
2	Concordia-Moorhead	3:40.15	Morical, Lebrija, Tiongson, Mahar	116th Drake Relays	Apr 22, 2026

Distance Medley Relay

Place	Team	Time	Athletes	Meet	Meet Date
1	Concordia-Moorhead	10:48.92	Andrews, Richardson, Hagemeister, Goss	116th Drake Relays	Apr 22, 2026

High Jump

Place	Athlete	Year	Team	Mark	Conv	Meet	Meet Date
1	Flunker, Kyler	SO-2	Gustavus Adolphus	2.05m	6' 8.75"	Gary Wilson Invitational	Apr 22, 2026
2	Turner, Trevor	FR-1	St. Scholastica	2.00m	6' 6.75"	Dan Conway Classic	Apr 25, 2026
3	Mensah, Ataa	SO-2	Macalester	1.95m	6' 4.75"	Janis Rider / Doug Bolstorff Invitational	Apr 24, 2026
4	Evans, Bailey	SO-2	St. John's (Minn.)	1.91m	6' 3.25"	MIAC Outdoor Championship	Apr 30, 2026
4	Hegland, Eli	SO-2	Concordia-Moorhead	1.91m	6' 3.25"	MIAC Outdoor Championship	Apr 30, 2026
6	O'Brien, Connor	JR-3	St. John's (Minn.)	1.88m	6' 2"	MIAC Outdoor Championship	Apr 30, 2026
6	Huberty, Shawn	FR-1	Augsburg	1.88m	6' 2"	Alan Connie Shamrock Invitational (Roster Registration)	Mar 19, 2026
8	Gilbertson, Landon	SO-2	Gustavus Adolphus	1.85m	6' 0.75"	Gustie Twilight	Apr 15, 2026
8	Reade, Jackson	FR-1	Carleton	1.85m	6' 0.75"	MIAC Outdoor Championship	Apr 30, 2026
10	Silberman, Ronen	JR-3	Carleton	1.83m	6' 0"	Carleton Relays	Apr 16, 2026
11	Matetich, Cole	SR-4	Gustavus Adolphus	1.82m	5' 11.5"	MIAC Outdoor Championship	Apr 30, 2026

Place	Athlete	Year	Team	Mark	Conv	Meet	Meet Date
12	Swanson, Luc	JR-3	Bethel (Minn.)	1.81m	5' 11.25"	Gene Glader Invitational	Apr 11, 2026
13	McCormick, Connor	SR-4	Gustavus Adolphus	1.80m	5' 10.75"	Dutch Spring Multi 2026	Apr 8, 2026
13	Heldman, Lucas	SO-2	Carleton	1.80m	5' 10.75"	Janis Rider / Doug Bolstorff Invitational	Apr 24, 2026
15	Kaster, Soren	JR-3	Carleton	1.76m	5' 9.25"	Manitou Last Chance Multi	May 13, 2026
15	Eggleston, Colten	SO-2	Hamline	1.76m	5' 9.25"	University of St. Thomas Joe Sweeney Invite	Apr 29, 2026
15	LePard, Ben	JR-3	Concordia-Moorhead	1.76m	5' 9.25"	Viking Twilight	Apr 21, 2026
18	Erickson, Matthew	JR-3	St. Scholastica	1.75m	5' 8.75"	Hamline Invitational	Mar 30, 2026
19	Anderson, Amos	FR-1	Gustavus Adolphus	1.74m	5' 8.5"	Dutch Spring Multi 2026	Apr 8, 2026
19	Olson, Jesse	JR-3	St. Olaf	1.74m	5' 8.5"	MIAC Outdoor Championship	Apr 30, 2026
19	Anderson, Reese	SR-4	Carleton	1.74m	5' 8.5"	MIAC Outdoor Championship	Apr 30, 2026
22	Leafblad, Eli	JR-3	Bethel (Minn.)	1.72m	5' 7.75"	MIAC Outdoor Championship	Apr 30, 2026
23	Sandmeyer, Logan	SO-2	Gustavus Adolphus	1.69m	5' 6.5"	Todd Pflingsten Open	Apr 29, 2026
24	Elseth, Aaron	SR-4	Bethel (Minn.)	1.68m	5' 6"	MIAC Outdoor Championship	Apr 30, 2026
24	Crowder, Michael	FR-1	Concordia-Moorhead	1.68m	5' 6"	MIAC Outdoor Championship	Apr 30, 2026
24	Hubers, Timothy	FR-1	Bethel (Minn.)	1.68m	5' 6"	MIAC Outdoor Championship	Apr 30, 2026
24	Moshfeghi, Martin	FR-1	Carleton	1.68m	5' 6"	Carleton Relays	Apr 16, 2026
28	Pretasky, Josh	FR-1	St. John's (Minn.)	1.65m	5' 5"	MIAC Outdoor Championship	Apr 30, 2026
29	Fitzgerald, Ignatius	SR-4	St. Olaf	1.64m	5' 4.5"	Manitou Last Chance Multi	May 13, 2026
30	Haglin, Alan	SO-2	Hamline	1.62m	5' 3.75"	MIAC Outdoor Championship	Apr 30, 2026

Pole Vault

Place	Athlete	Year	Team	Mark	Conv	Meet	Meet Date
1	Schloeder, Austin	SR-4	Hamline	4.81m	15' 9.25"	Gene Glader Invitational	Apr 11, 2026
2	Evans, Tyler	SO-2	Concordia-Moorhead	4.80m	15' 9"	CSB/SJU Invitational	Apr 16, 2026
3	Gates, James	SO-2	Carleton	4.50m	14' 9"	MIAC Outdoor Championship	Apr 30, 2026
3	Chirhart, Alex	FR-1	St. John's (Minn.)	4.50m	14' 9"	MIAC Outdoor Championship	Apr 30, 2026
3	Feig, Stephen	FR-1	Bethel (Minn.)	4.50m	14' 9"	MIAC Outdoor Championship	Apr 30, 2026
6	Kaster, Soren	JR-3	Carleton	4.40m	14' 5.25"	Klein/ Nwaba Combined Events	Mar 26, 2026
7	Anderson, Reese	SR-4	Carleton	4.32m	14' 2"	Carleton Relays	Apr 16, 2026
8	Guth, Kole	SR-4	St. John's (Minn.)	4.30m	14' 1.25"	MIAC Outdoor Championship	Apr 30, 2026
8	Hoelzel, Gavin	JR-3	St. Olaf	4.30m	14' 1.25"	MIAC Outdoor Championship	Apr 30, 2026
8	Mohr, Austin	FR-1	St. John's (Minn.)	4.30m	14' 1.25"	MIAC Outdoor Championship	Apr 30, 2026
11	Johnston, Josh	SR-4	St. John's (Minn.)	4.28m	14' 0.5"	St. Olaf Ole Open	May 2, 2026
12	McCormick, Connor	SR-4	Gustavus Adolphus	4.25m	13' 11.25"	Dutch Spring Multi 2026	Apr 8, 2026
12	Anderson, Amos	FR-1	Gustavus Adolphus	4.25m	13' 11.25"	Dutch Spring Multi 2026	Apr 8, 2026
14	Palmer, Alex	JR-3	Gustavus Adolphus	4.22m	13' 10"	MIAC Outdoor Championship	Apr 30, 2026
15	Graske, Joshua	JR-3	Bethel (Minn.)	4.21m	13' 9.75"	Gene Glader Invitational	Apr 11, 2026
16	White, Reed	FR-1	Carleton	4.20m	13' 9.25"	MIAC Outdoor Championship	Apr 30, 2026
16	Ream, Joe	SR-4	Gustavus Adolphus	4.20m	13' 9.25"	MIAC Outdoor Championship	Apr 30, 2026
18	Palmer, Alex	SO-2	Gustavus Adolphus	4.18m	13' 8.5"	Drake Alternative	Apr 25, 2026
19	Petersen, Trey	JR-3	St. Olaf	4.13m	13' 6.5"	St. Olaf Ole Open	May 2, 2026
20	Frank, Lucas	FR-1	Bethel (Minn.)	4.10m	13' 5.25"	Redlands Invite 2026	Mar 19, 2026
21	Menter, Forest	SR-4	St. Olaf	3.98m	13' 0.75"	St. Olaf Ole Open	May 2, 2026
22	Thompson, Noah	JR-3	Concordia-Moorhead	3.95m	12' 11.5"	CSB/SJU Optimistic Meet	Mar 28, 2026

Place	Athlete	Year	Team	Mark	Conv	Meet	Meet Date
23	Collins, Spencer	JR-3	St. Olaf	3.91m	12' 10"	University of St. Thomas Joe Sweeney Invite	Apr 29, 2026
24	Wallace, Ansel	JR-3	Carleton	3.83m	12' 6.75"	St. Olaf Ole Open	May 2, 2026
25	Aurich, Parker	FR-1	Bethel (Minn.)	3.80m	12' 5.5"	Meet of the Unsaintly	May 1, 2026
26	Cran, Ian	SO-2	Hamline	3.76m	12' 4"	University of St. Thomas Joe Sweeney Invite	Apr 29, 2026
27	Daenzer, Luke	SR-4	Bethel (Minn.)	3.75m	12' 3.5"	Janis Rider / Doug Bolstorff Invitational	Apr 24, 2026
27	Gaboury, Jesse	FR-1	Hamline	3.75m	12' 3.5"	Hamline Invitational	Mar 30, 2026
29	Elseth, Aaron	SR-4	Bethel (Minn.)	3.70m	12' 1.5"	Redlands Invite 2026	Mar 19, 2026
30	Molstre, Joey	JR-3	Concordia-Moorhead	3.60m	11' 9.75"	NDSU Spring Classic	Apr 11, 2026

Long Jump

Place	Athlete	Year	Team	Mark	Conv	Meet	Meet Date	Wind
1	Albertson, Max	JR-3	St. Olaf	7.52m	24' 8.25"	NCAA Division III Outdoor Track & Field Championships	May 21, 2026	2.0
2	Sletta, Anthony	SO-2	St. John's (Minn.)	7.24m	23' 9"	CSB/SJU Invitational	Apr 16, 2026	4.2
3	Bovitz, Nick	JR-3	Bethel (Minn.)	6.95m	22' 9.75"	UW-La Crosse NCAA Outdoor Final Qualifier	May 14, 2026	0.8
4	Bolivar, Vicente	FR-1	Augsburg	6.88m	22' 7"	Gary Wilson Invitational	Apr 22, 2026	4.2
5	Mahowald, Anthony	JR-3	St. Scholastica	6.86m	22' 6.25"	MIAC Outdoor Championship	Apr 30, 2026	0.9
6	Watson, Isaiah	SO-2	Hamline	6.81m	22' 4.25"	Meet of the Unsaintly	May 1, 2026	NWI
7	Waldron, Brayden	FR-1	Bethel (Minn.)	6.80m	22' 3.75"	MIAC Outdoor Championship	Apr 30, 2026	1.8
8	Budiman, Josiah	SR-4	Hamline	6.79m	22' 3.5"	MIAC Outdoor Championship	Apr 30, 2026	1.1
9	Hegland, Eli	SO-2	Concordia-Moorhead	6.72m	22' 0.75"	Viking Twilight	Apr 21, 2026	2.2
10	Flunker, Kyler	SO-2	Gustavus Adolphus	6.64m	21' 9.5"	Stomper Open	Apr 8, 2026	1.6
11	Evans, Bailey	SO-2	St. John's (Minn.)	6.63m	21' 9"	MIAC Outdoor Championship	Apr 30, 2026	1.0
12	Frommelt, Liam	SO-2	Gustavus Adolphus	6.62m	21' 8.75"	Stomper Open	Apr 8, 2026	3.6
13	Erickson, Matthew	JR-3	St. Scholastica	6.54m	21' 5.5"	Meet of the Unsaintly	May 1, 2026	NWI
14	Cumps, Rik	SO-2	St. Olaf	6.52m	21' 4.75"	University of St. Thomas Joe Sweeney Invite	Apr 29, 2026	1.4
15	Verdier, Chris	FR-1	Concordia-Moorhead	6.48m	21' 3.25"	NDSU Spring Classic	Apr 11, 2026	-1.5
15	Hasbargen, Nick	SO-2	Concordia-Moorhead	6.48m	21' 3.25"	Viking Twilight	Apr 21, 2026	+0.0
17	Anderson, Amos	FR-1	Gustavus Adolphus	6.47m	21' 2.75"	MIAC Outdoor Championship	Apr 30, 2026	+0.0
18	McCormick, Connor	SR-4	Gustavus Adolphus	6.45m	21' 2"	MIAC Outdoor Championship	Apr 30, 2026	1.3
19	Zulu, Rufus	FR-1	Hamline	6.41m	21' 0.5"	Gene Glader Invitational	Apr 11, 2026	2.6
20	Kaster, Soren	JR-3	Carleton	6.38m	20' 11.25"	MIAC Outdoor Championship	Apr 30, 2026	1.3
21	Pittman, Miquel	FR-1	Hamline	6.35m	20' 10"	Gene Glader Invitational	Apr 11, 2026	3.4
22	Leafblad, Eli	JR-3	Bethel (Minn.)	6.34m	20' 9.75"	Gene Glader Invitational	Apr 11, 2026	2.9
23	Evans, Tyler	SO-2	Concordia-Moorhead	6.31m	20' 8.5"	Cobb Open	May 2, 2026	2.0
23	Raab, Jaylin	SO-2	Gustavus Adolphus	6.31m	20' 8.5"	St. Olaf Ole Open	May 2, 2026	5.0
25	Wynia, Ben	JR-3	Gustavus Adolphus	6.29m	20' 7.75"	Todd Pflugsten Open	Apr 29, 2026	2.3
26	Pretasky, Josh	FR-1	St. John's (Minn.)	6.26m	20' 6.5"	CSB/SJU Invitational	Apr 16, 2026	4.7
27	Fadden, Jace	FR-1	Bethel (Minn.)	6.23m	20' 5.25"	Gene Glader Invitational	Apr 11, 2026	2.3
27	Longfors, Nathan	SO-2	Concordia-Moorhead	6.23m	20' 5.25"	Cobb Open	May 2, 2026	2.7
29	McElroy, D'Vante	FR-1	Augsburg	6.21m	20' 4.5"	Meet of the Unsaintly	May 1, 2026	0.9
30	LePard, Ben	JR-3	Concordia-Moorhead	6.13m	20' 1.5"	Al Cassell Classics	Apr 25, 2026	2.6

Triple Jump

Place	Athlete	Year	Team	Mark	Conv	Meet	Meet Date	Wind
1	Watson, Isaiah	SO-2	Hamline	15.32m	50' 3.25"	MIAC Outdoor Championship	Apr 30, 2026	0.8
2	McElroy, D'Vante	FR-1	Augsburg	14.46m	47' 5.25"	MIAC Outdoor Championship	Apr 30, 2026	2.3
3	Mensah, Ataa	SO-2	Macalester	14.27m	46' 10"	UW-La Crosse NCAA Outdoor Final Qualifier	May 14, 2026	1.4
4	Erickson, Matthew	JR-3	St. Scholastica	14.07m	46' 2"	MIAC Outdoor Championship	Apr 30, 2026	1.2
5	Frommelt, Liam	SO-2	Gustavus Adolphus	13.76m	45' 1.75"	Gustie Twilight	Apr 15, 2026	NWI
6	Bolivar, Vicente	FR-1	Augsburg	13.74m	45' 1"	MIAC Outdoor Championship	Apr 30, 2026	3.0
7	Bovitz, Nick	JR-3	Bethel (Minn.)	13.60m	44' 7.5"	Redlands Invite 2026	Mar 19, 2026	-0.4
8	Zulu, Rufus	FR-1	Hamline	13.56m	44' 6"	MIAC Outdoor Championship	Apr 30, 2026	0.6
9	Verdier, Chris	FR-1	Concordia-Moorhead	13.26m	43' 6"	NDSU Spring Classic	Apr 11, 2026	+0.0
10	Cumps, Rik	SO-2	St. Olaf	13.24m	43' 5.25"	MIAC Outdoor Championship	Apr 30, 2026	1.9
11	Hegland, Eli	SO-2	Concordia-Moorhead	13.19m	43' 3.25"	Viking Twilight	Apr 21, 2026	NWI
12	Jamieson, R.E	FR-1	St. Olaf	13.12m	43' 0.5"	MIAC Outdoor Championship	Apr 30, 2026	0.4
13	Albertson, Max	JR-3	St. Olaf	13.02m	42' 8.75"	UW-Eau Claire Dick & Mary Johnson Invite	Apr 25, 2026	0.6
14	Longfors, Nathan	SO-2	Concordia-Moorhead	12.98m	42' 7"	Viking Twilight	Apr 21, 2026	NWI
15	Pearson, Spencer	SR-4	Gustavus Adolphus	12.76m	41' 10.5"	St. Olaf Ole Open	May 2, 2026	3.6
15	Miyagawa, Garner	FR-1	Macalester	12.76m	41' 10.5"	Carleton Relays	Apr 16, 2026	2.9
15	Sletta, Anthony	SO-2	St. John's (Minn.)	12.76m	41' 10.5"	CSB/SJU Invitational	Apr 16, 2026	0.6
18	Lenz, Lucas	FR-1	Carleton	12.33m	40' 5.5"	MIAC Outdoor Championship	Apr 30, 2026	+0.0
19	Wynia, Ben	JR-3	Gustavus Adolphus	12.22m	40' 1.25"	St. Olaf Ole Open	May 2, 2026	3.2
20	Young, Taylor	FR-1	Gustavus Adolphus	12.18m	39' 11.5"	Todd Pfingsten Open	Apr 29, 2026	1.5
21	Anderson, Amos	FR-1	Gustavus Adolphus	12.11m	39' 8.75"	Drake Alternative	Apr 25, 2026	1.6
22	Heldman, Lucas	SO-2	Carleton	12.06m	39' 7"	Carleton Relays	Apr 16, 2026	1.0
23	Funt, Andy	FR-1	Concordia-Moorhead	12.00m	39' 4.5"	Viking Twilight	Apr 21, 2026	NWI
24	Perkins, Jackson	FR-1	Saint Mary's (Minn.)	11.84m	38' 10.25"	St. Olaf Manitou Classic	Apr 11, 2026	1.9
25	Pretasky, Josh	FR-1	St. John's (Minn.)	11.65m	38' 2.75"	Drake Alternative	Apr 25, 2026	0.9
26	Eggleston, Colten	SO-2	Hamline	11.17m	36' 7.75"	Gustie Twilight	Apr 15, 2026	+0.0

Shot Put

Place	Athlete	Year	Team	Mark	Conv	Meet	Meet Date
1	Folkestad, Cooper	SR-4	Concordia-Moorhead	19.26m	63' 2.25"	NDSU Spring Classic	Apr 11, 2026
2	Beseth, Trent	SR-4	St. Scholastica	18.14m	59' 6.25"	Gary Wilson Invitational	Apr 22, 2026
3	Minnerath, Grady	SO-2	St. John's (Minn.)	16.09m	52' 9.5"	CSB/SJU Invitational	Apr 16, 2026
4	Ball, Timmy	SO-2	Bethel (Minn.)	16.08m	52' 9.25"	MIAC Outdoor Championship	Apr 30, 2026
5	Houska, Blake	JR-3	Concordia-Moorhead	15.48m	50' 9.5"	CSB/SJU Optimistic Meet	Mar 28, 2026
6	Hokanson, Adam	SR-4	Bethel (Minn.)	15.34m	50' 4"	Gene Glader Invitational	Apr 11, 2026
7	Dioszeghy, Sam	JR-3	Concordia-Moorhead	15.30m	50' 2.5"	Cobb Open	May 2, 2026
8	Monreal, Joshua	JR-3	St. Scholastica	14.96m	49' 1"	MIAC Outdoor Championship	Apr 30, 2026
9	Porto, Artur	SO-2	Macalester	14.86m	48' 9"	MIAC Outdoor Championship	Apr 30, 2026
10	Kardonsky, Kale	SO-2	St. Olaf	14.62m	47' 11.75"	St. Olaf Manitou Classic	Apr 11, 2026
11	Turqueza, Rylan	JR-3	St. John's (Minn.)	14.50m	47' 7"	CSB/SJU Invitational	Apr 16, 2026
12	Hageman, Dylan	FR-1	Bethel (Minn.)	14.08m	46' 2.5"	Hamline Invitational	Mar 30, 2026
13	Sundquist, Mason	SO-2	St. Scholastica	13.96m	45' 9.75"	NDSU Spring Classic	Apr 11, 2026
14	Ritz, Jonathan	SO-2	Bethel (Minn.)	13.91m	45' 7.75"	Hamline Invitational	Mar 30, 2026
15	Vu, Davian	FR-1	Hamline	13.80m	45' 3.5"	Gustie Twilight	Apr 15, 2026

Place	Athlete	Year	Team	Mark	Conv	Meet	Meet Date
16	Graham, Jalen	SO-2	St. John's (Minn.)	13.65m	44' 9.5"	St. Olaf Ole Open	May 2, 2026
17	Herman, Eddie	SO-2	Hamline	13.58m	44' 6.75"	Gustie Twilight	Apr 15, 2026
18	Evans, Bailey	SO-2	St. John's (Minn.)	13.44m	44' 1.25"	MIAC Outdoor Championship	Apr 30, 2026
19	Will, Carter	FR-1	Gustavus Adolphus	13.40m	43' 11.75"	Gene Glader Invitational	Apr 11, 2026
20	Sjoblom, Brayden	SO-2	Concordia-Moorhead	13.12m	43' 0.5"	CSB/SJU Optimistic Meet	Mar 28, 2026
21	Ruprecht, Sam	FR-1	St. John's (Minn.)	12.96m	42' 6.25"	Drake Alternative	Apr 25, 2026
22	Norman, Nick	FR-1	Augsburg	12.84m	42' 1.5"	MIAC Outdoor Championship	Apr 30, 2026
23	White, Ron	JR-3	Saint Mary's (Minn.)	12.67m	41' 7"	Meet of the Unsaintly	May 1, 2026
24	Thurston, Dillon	FR-1	Hamline	12.53m	41' 1.5"	Gene Glader Invitational	Apr 11, 2026
24	Malmberg, Erik	FR-1	St. Scholastica	12.53m	41' 1.5"	Hamline Invitational	Mar 30, 2026
26	Holladay, Noah	FR-1	Gustavus Adolphus	12.52m	41' 1"	Drake Alternative	Apr 25, 2026
27	Vagle, Chase	FR-1	Concordia-Moorhead	12.39m	40' 7.75"	CSB/SJU Invitational	Apr 16, 2026
27	Peters, Alex	FR-1	Macalester	12.39m	40' 7.75"	Carleton Relays	Apr 16, 2026
29	Vogel, Laklen	FR-1	St. John's (Minn.)	12.26m	40' 2.75"	St. Olaf Ole Open	May 2, 2026
30	Sween, Rowan	FR-1	Saint Mary's (Minn.)	12.07m	39' 7.25"	Central College Dutch Invitational 2026	Mar 28, 2026

Discus

Place	Athlete	Year	Team	Mark	Conv	Meet	Meet Date
1	Folkestad, Cooper	SR-4	Concordia-Moorhead	55.25m	181' 3"	Embry-Riddle Running Elements - college and open	Apr 2, 2026
2	Beseth, Trent	SR-4	St. Scholastica	53.93m	176' 11"	NCAA Division III Outdoor Track & Field Championships	May 21, 2026
3	Ball, Timmy	SO-2	Bethel (Minn.)	52.63m	172' 8"	CSB/SJU Invitational	Apr 16, 2026
4	Minnerath, Grady	SO-2	St. John's (Minn.)	48.25m	158' 4"	MIAC Outdoor Championship	Apr 30, 2026
5	Conant, Philip	JR-3	Bethel (Minn.)	48.21m	158' 2"	MIAC Outdoor Championship	Apr 30, 2026
6	Hudspith, Wyatt	JR-3	Gustavus Adolphus	46.68m	153' 2"	MIAC Outdoor Championship	Apr 30, 2026
7	Dioszeghy, Sam	JR-3	Concordia-Moorhead	44.85m	147' 2"	UW-La Crosse NCAA Outdoor Final Qualifier	May 14, 2026
8	White, Ron	JR-3	Saint Mary's (Minn.)	44.50m	146' 0"	UW-La Crosse Phil Esten Challenge	Apr 17, 2026
9	Herman, Eddie	SO-2	Hamline	44.30m	145' 4"	Gustie Twilight	Apr 15, 2026
10	Monreal, Joshua	JR-3	St. Scholastica	44.27m	145' 3"	CSB/SJU Optimistic Meet	Mar 28, 2026
11	Mills, Austin	SR-4	Macalester	42.96m	140' 11"	Carleton Relays	Apr 16, 2026
12	Ruprecht, Sam	FR-1	St. John's (Minn.)	42.56m	139' 7"	CSB/SJU Invitational	Apr 16, 2026
13	Evans, Bailey	SO-2	St. John's (Minn.)	42.31m	138' 10"	MIAC Outdoor Championship	Apr 30, 2026
14	Kuriscak, Tom	SR-4	St. John's (Minn.)	41.17m	135' 1"	University of St. Thomas Joe Sweeney Invite	Apr 29, 2026
15	Thurston, Dillon	FR-1	Hamline	41.12m	134' 11"	MIAC Outdoor Championship	Apr 30, 2026
16	Edo-Ohanba, Esosa	JR-3	St. Olaf	41.02m	134' 7"	Carleton Relays	Apr 16, 2026
17	Ramirez, Ricky	SR-4	Concordia-Moorhead	40.84m	134' 0"	Cobb Open	May 2, 2026
18	Hageman, Dylan	FR-1	Bethel (Minn.)	40.64m	133' 4"	Meet of the Unsaintly	May 1, 2026
19	Porto, Artur	SO-2	Macalester	40.52m	132' 11"	Carleton Relays	Apr 16, 2026
20	Sundquist, Mason	SO-2	St. Scholastica	40.14m	131' 8"	Hamline Invitational	Mar 30, 2026
21	Holladay, Noah	FR-1	Gustavus Adolphus	39.58m	129' 10"	Stomper Open	Apr 8, 2026
22	Houska, Blake	JR-3	Concordia-Moorhead	38.59m	126' 7"	Cobb Open	May 2, 2026
23	Leafblad, Eli	JR-3	Bethel (Minn.)	38.47m	126' 2"	Hamline Invitational	Mar 30, 2026
24	Will, Carter	FR-1	Gustavus Adolphus	38.46m	126' 2"	Gustie Twilight	Apr 15, 2026
25	Vogel, Laklen	FR-1	St. John's (Minn.)	37.40m	122' 8"	University of St. Thomas Joe Sweeney Invite	Apr 29, 2026
26	Anderson, Reese	SR-4	Carleton	37.00m	121' 5"	MIAC Outdoor Championship	Apr 30, 2026

Place	Athlete	Year	Team	Mark	Conv	Meet	Meet Date
27	Malmberg, Erik	FR-1	St. Scholastica	36.83m	120' 10"	Todd Pfungsten Open	Apr 29, 2026
28	Vagle, Chase	FR-1	Concordia-Moorhead	35.96m	118' 0"	Cobb Open	May 2, 2026
29	Sjoblom, Brayden	SO-2	Concordia-Moorhead	35.80m	117' 5"	CSB/SJU Optimistic Meet	Mar 28, 2026
30	Graham, Jalen	SO-2	St. John's (Minn.)	35.60m	116' 9"	CSB/SJU Invitational	Apr 16, 2026

Hammer

Place	Athlete	Year	Team	Mark	Conv	Meet	Meet Date
1	Beseth, Trent	SR-4	St. Scholastica	57.70m	189' 4"	Gary Wilson Invitational	Apr 22, 2026
2	Monreal, Joshua	JR-3	St. Scholastica	57.44m	188' 5"	MIAC Outdoor Championship	Apr 30, 2026
3	Hokanson, Adam	SR-4	Bethel (Minn.)	57.27m	187' 11"	MIAC Outdoor Championship	Apr 30, 2026
4	Thurston, Dillon	FR-1	Hamline	51.80m	169' 11"	Meet of the Unsaintly	May 1, 2026
5	Houska, Blake	JR-3	Concordia-Moorhead	51.52m	169' 0"	MIAC Outdoor Championship	Apr 30, 2026
6	Ball, Timmy	SO-2	Bethel (Minn.)	51.24m	168' 1"	MIAC Outdoor Championship	Apr 30, 2026
7	Will, Carter	FR-1	Gustavus Adolphus	50.33m	165' 1"	Todd Pfungsten Open	Apr 29, 2026
8	Ritz, Jonathan	SO-2	Bethel (Minn.)	50.26m	164' 11"	MIAC Outdoor Championship	Apr 30, 2026
9	Conant, Philip	JR-3	Bethel (Minn.)	49.88m	163' 8"	Meet of the Unsaintly	May 1, 2026
10	White, Ron	JR-3	Saint Mary's (Minn.)	49.86m	163' 7"	Janis Rider / Doug Bolstorff Invitational	Apr 24, 2026
11	Mills, Austin	SR-4	Macalester	49.08m	161' 0"	Carleton Relays	Apr 16, 2026
12	Gill, Doug	JR-3	Hamline	48.09m	157' 9"	Janis Rider / Doug Bolstorff Invitational	Apr 24, 2026
13	Vu, Davian	FR-1	Hamline	47.08m	154' 5"	Hamline Invitational	Mar 30, 2026
14	Sundquist, Mason	SO-2	St. Scholastica	45.62m	149' 8"	Hamline Invitational	Mar 30, 2026
15	Turqueza, Rylan	JR-3	St. John's (Minn.)	45.46m	149' 2"	MIAC Outdoor Championship	Apr 30, 2026
16	Brynteson, Connor	JR-3	St. John's (Minn.)	44.76m	146' 10"	MIAC Outdoor Championship	Apr 30, 2026
17	Kuriscak, Tom	SR-4	St. John's (Minn.)	44.43m	145' 9"	CSB/SJU Invitational	Apr 16, 2026
18	Herman, Eddie	SO-2	Hamline	43.57m	142' 11"	Hamline Invitational	Mar 30, 2026
19	Edo-Ohanba, Esosa	JR-3	St. Olaf	42.34m	138' 11"	MIAC Outdoor Championship	Apr 30, 2026
20	Minnerath, Grady	SO-2	St. John's (Minn.)	41.48m	136' 1"	CSB/SJU Invitational	Apr 16, 2026
21	Hageman, Dylan	FR-1	Bethel (Minn.)	41.22m	135' 3"	Janis Rider / Doug Bolstorff Invitational	Apr 24, 2026
22	Peterson, Tanner	FR-1	Hamline	41.13m	134' 11"	Meet of the Unsaintly	May 1, 2026
23	Graham, Jalen	SO-2	St. John's (Minn.)	40.23m	132' 0"	St. Olaf Ole Open	May 2, 2026
24	Ewing, Jacob	SO-2	Hamline	40.19m	131' 10"	Meet of the Unsaintly	May 1, 2026
25	Widdes, Jacob	SO-2	Gustavus Adolphus	40.05m	131' 5"	Todd Pfungsten Open	Apr 29, 2026
26	Leon, Niko	FR-1	Hamline	37.72m	123' 9"	Gustie Twilight	Apr 15, 2026
27	Malmberg, Erik	FR-1	St. Scholastica	36.98m	121' 4"	NDSU Spring Classic	Apr 11, 2026
28	Thompson, Cullen	FR-1	St. John's (Minn.)	36.82m	120' 10"	St. Olaf Ole Open	May 2, 2026
29	Peters, Alex	FR-1	Macalester	36.08m	118' 4"	St. Olaf Ole Open	May 2, 2026
30	Sween, Rowan	FR-1	Saint Mary's (Minn.)	35.82m	117' 6"	St. Olaf Manitou Classic	Apr 11, 2026

Javelin

Place	Athlete	Year	Team	Mark	Conv	Meet	Meet Date
1	Degen, Mitchell	SR-4	St. John's (Minn.)	65.87m	216' 1"	MIAC Outdoor Championship	Apr 30, 2026
2	Day, Logan	FR-1	Gustavus Adolphus	56.40m	185' 0"	St. Olaf Ole Open	May 2, 2026
3	Anderson, Reese	SR-4	Carleton	55.18m	181' 0"	MIAC Outdoor Championship	Apr 30, 2026
4	Hayes, Eli	SR-4	Concordia-Moorhead	55.07m	180' 8"	MIAC Outdoor Championship	Apr 30, 2026

Place	Athlete	Year	Team	Mark	Conv	Meet	Meet Date
5	Pipho, Jacob	SR-4	Concordia-Moorhead	53.57m	175' 9"	Cobb Open	May 2, 2026
6	Evans, Bailey	SO-2	St. John's (Minn.)	51.97m	170' 6"	CSB/SJU Optimistic Meet	Mar 28, 2026
7	Dvorak, Holden	FR-1	St. John's (Minn.)	50.73m	166' 5"	CSB/SJU Optimistic Meet	Mar 28, 2026
8	Schwab, Dash	SO-2	Carleton	50.43m	165' 5"	Carleton Relays	Apr 16, 2026
9	Thomas, Max	JR-3	St. Olaf	50.03m	164' 2"	Carleton Relays	Apr 16, 2026
10	Guth, Kole	SR-4	St. John's (Minn.)	49.13m	161' 2"	MIAC Outdoor Championship	Apr 30, 2026
11	Kaster, Soren	JR-3	Carleton	47.84m	156' 11"	Klein/ Nwaba Combined Events	Mar 26, 2026
12	Olson, Jesse	JR-3	St. Olaf	47.13m	154' 7"	MIAC Outdoor Championship	Apr 30, 2026
13	Peterson, Josh	JR-3	Concordia-Moorhead	46.50m	152' 7"	Embry-Riddle Running Elements - college and open	Apr 2, 2026
14	McCormick, Connor	SR-4	Gustavus Adolphus	46.22m	151' 8"	MIAC Outdoor Championship	Apr 30, 2026
15	Houska, Blake	JR-3	Concordia-Moorhead	45.65m	149' 9"	Viking Twilight	Apr 21, 2026
16	Nordeen, Bradyn	JR-3	Gustavus Adolphus	45.20m	148' 3"	MIAC Outdoor Championship	Apr 30, 2026
17	Cass, Thomas	SO-2	St. John's (Minn.)	44.76m	146' 10"	MIAC Outdoor Championship	Apr 30, 2026
18	Pretasky, Josh	FR-1	St. John's (Minn.)	44.07m	144' 7"	CSB/SJU Optimistic Meet	Mar 28, 2026
19	Swanson, Luc	JR-3	Bethel (Minn.)	43.52m	142' 9"	Meet of the Unsaintly	May 1, 2026
20	Myers, Wes	FR-1	Bethel (Minn.)	43.02m	141' 2"	CSB/SJU Invitational	Apr 16, 2026
21	Palm, Alex	JR-3	Bethel (Minn.)	42.72m	140' 2"	CSB/SJU Invitational	Apr 16, 2026
22	Volner, Micah	FR-1	Concordia-Moorhead	42.30m	138' 9"	MIAC Outdoor Championship	Apr 30, 2026
23	Richards, Eric	SO-2	Gustavus Adolphus	42.16m	138' 4"	Drake Alternative	Apr 25, 2026
24	Leafblad, Eli	JR-3	Bethel (Minn.)	40.03m	131' 4"	Redlands Invite 2026	Mar 19, 2026
25	Norman, Nick	FR-1	Augsburg	39.72m	130' 4"	Janis Rider / Doug Bolstorff Invitational	Apr 24, 2026
26	Perkins, Sam	FR-1	Macalester	39.69m	130' 2"	Hamline Invitational	Mar 30, 2026
27	Alexander, James	SO-2	Carleton	39.36m	129' 2"	St. Olaf Manitou Classic	Apr 11, 2026
28	Elseth, Aaron	SR-4	Bethel (Minn.)	39.35m	129' 1"	MIAC Outdoor Championship	Apr 30, 2026
29	Besemann, Noah	JR-3	St. John's (Minn.)	38.25m	125' 6"	CSB/SJU Optimistic Meet	Mar 28, 2026
30	McCormick, Joey	FR-1	Concordia-Moorhead	38.07m	124' 11"	Viking Twilight	Apr 21, 2026

Decathlon

Place	Athlete	Year	Team	Points	Meet	Meet Date
1	Evans, Bailey	SO-2	St. John's (Minn.)	6592	MIAC Outdoor Championship	Apr 30, 2026
2	McCormick, Connor	SR-4	Gustavus Adolphus	6519	MIAC Outdoor Championship	Apr 30, 2026
3	Kaster, Soren	JR-3	Carleton	6490	Klein/ Nwaba Combined Events	Mar 26, 2026
4	Anderson, Amos	FR-1	Gustavus Adolphus	5940	MIAC Outdoor Championship	Apr 30, 2026
5	Anderson, Reese	SR-4	Carleton	5684	MIAC Outdoor Championship	Apr 30, 2026
6	Hubers, Timothy	FR-1	Bethel (Minn.)	5507	MIAC Outdoor Championship	Apr 30, 2026
7	Olson, Jesse	JR-3	St. Olaf	5488	MIAC Outdoor Championship	Apr 30, 2026
8	Elseth, Aaron	SR-4	Bethel (Minn.)	5427	MIAC Outdoor Championship	Apr 30, 2026
9	Crowder, Michael	FR-1	Concordia-Moorhead	5409	MIAC Outdoor Championship	Apr 30, 2026
10	Palmer, Alex	JR-3	Gustavus Adolphus	5321	MIAC Outdoor Championship	Apr 30, 2026
11	Leafblad, Eli	JR-3	Bethel (Minn.)	5270	Redlands Invite 2026	Mar 19, 2026
12	White, Reed	FR-1	Carleton	5175	Klein/ Nwaba Combined Events	Mar 26, 2026
13	Haglin, Alan	SO-2	Hamline	5137	MIAC Outdoor Championship	Apr 30, 2026
14	Palmer, Alex	SO-2	Gustavus Adolphus	5057	Dutch Spring Multi 2026	Apr 8, 2026
15	VanGrinsven, Charles	FR-1	St. John's (Minn.)	4524	MIAC Outdoor Championship	Apr 30, 2026

Place	Athlete	Year	Team	Points	Meet	Meet Date
16	Pretasky, Josh	FR-1	St. John's (Minn.)	4360	MIAC Outdoor Championship	Apr 30, 2026
17	Peterson, Josh	JR-3	Concordia-Moorhead	4295	MIAC Outdoor Championship	Apr 30, 2026
18	Fitzgerald, Ignatius	SR-4	St. Olaf	4245	Manitou Last Chance Multi	May 13, 2026
19	Steinhofer, Brendan	FR-1	St. Olaf	3634	MIAC Outdoor Championship	Apr 30, 2026
20	Chamberlin, Owen	SR-4	St. Olaf	3056	Manitou Last Chance Multi	May 13, 2026
21	Bittner, Alex	SR-4	St. Olaf	3012	Manitou Last Chance Multi	May 13, 2026
22	Fiataruolo, Angelo	SR-4	St. Olaf	2991	Manitou Last Chance Multi	May 13, 2026

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